

Facility Rules for Youth Fall Outdoor



****NO METAL SPIKED CLEATS ALLOWED AND SHINGUARDS ARE MANDATORY!****

AGES	# PLAYERS ON THE FIELD
U8's	4v4 dual sided
U10's	6 + keeper (7v7)
U12's	8 + keeper (9v9)
U14's	10 + keeper (11v11)

Any player who is NOT registered within the Afrim's Sport's registration waiver system accepts full liability for any injuries/accidents that may occur! Registered means you have signed the Afrims Sports Waiver/New Player Registration Form. MEMBERSHIP NOT REQUIRED FOR TOURNAMENT PLAY!

U8

- Games are 40 min (2x20 min), dual-sided

U10

- Games are 44 min (46 minutes running time) - At about 22 minutes there will be a 2 minute break & teams will switch sides
- Build out line - yes
- Punting - no
- Heading - no
- Slide-tackling - no
- Yellow - normal USSF
- Reds - normal USSF
- Offsides - yes from half
- Throw ins - yes
- Subs - USSF, any stoppage at refs discretion
- Free kicks - USSF rules.
- 8 yards for free kicks
- Penalty kicks - 8 yards.

U12

- Games - 50 minutes (52 minutes running time) - At about 25 minutes, quick water break and teams switch sides
- Off sides- yes, from half
- Yellow card - normal USSF
- Red card - normal USSF
- Slide tackling - yes
- Punting - yes
- Heading - yes
- Subs - any stoppage at refs discretion
- Free kicks - USSF rules, 8 yards for free kicks for this age group.
- Penalty kicks - 10 yards.

U14

- Games - 50 minutes (52 minutes running time) - At about 25 minutes, quick water break and teams switch sides
- Off sides - yes from half
- Yellow card - normal USSF
- Red card - normal USSF
- Slide tackling - yes
- Punting - yes
- Heading - yes
- Subs - any stoppage at refs discretion
- Free kicks - USSF rules, 10 yards for free
- Penalty kicks - 12 yards.